



SIGNATURE SOUPS NUTRITIONAL INFORMATION

| Menu Item <small>(List is a complete entrée unless otherwise noted)</small> | Portions | Calories | Total Fat (g) | Saturated Fat (g) | Cholesterol (mg) | Sodium (mg) | Protein (g) | Carbs (g) | Dietary Fiber (g) |
|---|----------|----------|------------------|----------------------|---------------------|----------------|----------------|--------------|----------------------|
|  Signature Low Sodium Vegetable Soup | 12 oz. | 220 | 7 | 1 | 15 | 890 | 9 | 31 | 4 |
|  Signature Cream of Cauliflower Soup | 12 oz. | 176 | 1 | 1 | 8 | 603 | 16 | 26 | 2 |
| Signature Chicken Noodle Soup | 12 oz. | 220 | 6 | 0 | 50 | 1580 | 12 | 28 | 4 |
| Bean with Ham & Bacon Soup | 12 oz. | 430 | 2 | 1 | 0 | 3355 | 25 | 73 | 17 |
| Black Bean and Beef Soup | 12 oz. | 551 | 8 | 2 | 39 | 3450 | 39 | 83 | 36 |
| Broccoli Cheddar Soup | 12 oz. | 476 | 39 | 24 | 119 | 1741 | 25 | 8 | 1 |
| Signature Chicken Tortilla Soup | 12 oz. | 331 | 9 | 2 | 36 | 2829 | 25 | 34 | 12 |
| Signature Chili | 12 oz. | 508 | 25 | 10 | 77 | 2368 | 26 | 54 | 20 |
| Signature Corn Chowder | 12 oz. | 460 | 23 | 3 | 65 | 1610 | 12 | 53 | 4 |
| Signature Egg Drop Soup | 12 oz. | 130 | 5 | 1 | 64 | 1584 | 4 | 15 | 0 |
| Signature French Onion Soup | 12 oz. | 335 | 18 | 6 | 54 | 1937 | 27 | 14 | 2 |
| Signature Navajo Tomato Soup | 12 oz. | 296 | 16 | 9 | 38 | 1028 | 10 | 32 | 6 |
| Signature Potato Soup | 12 oz. | 380 | 18 | 0 | 20 | 1580 | 10 | 46 | 6 |
| Signature Steak Soup | 12 oz. | 316 | 11 | 3 | 68 | 2112 | 22 | 29 | 4 |
| Signature Tomato Basil Soup | 12 oz. | 300 | 22 | 14 | 20 | 2520 | 5 | 20 | 4 |
| Signature Vegetable Beef Soup | 12 oz. | 339 | 16 | 7 | 83 | 1658 | 26 | 22 | 3 |

NOTE: While these nutritional values are an excellent guide, they are approximations taken from an average of many government and commercial sources.